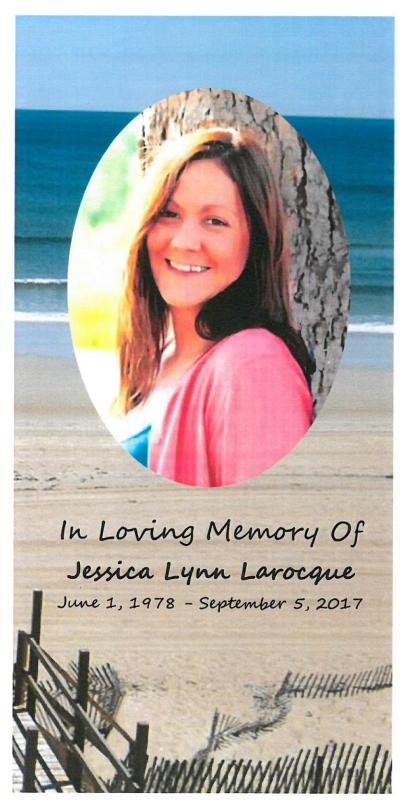
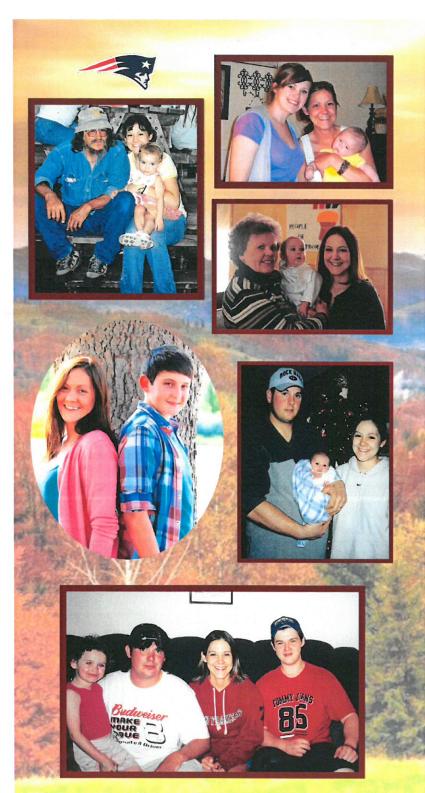
As I Sit In Heaven

As I sit in Heaven And watch you everyday I try to let you know with signs I never went away I hear you when you're laughing And watch you as you sleep I even place my arms around you To calm you as you weep I see you wish the days away Begging to have me home So I try to send you signs So you know you are not alone Don't feel quilty that you have Life that was denied to me Heaven is truly beautiful Just you wait and see So live your life, laugh again Enjoy yourself, be free Then I know with every breath you take You'll be taking one for me.









Jessica Lynn, affectionately known as "Jess" was born June 1st, 1978 in Nashua, NH to Sharon and Eugene Larocque. When she was 7 she moved to North Dakota. In her later school years she attended Ray school and graduated from Ray High School. She was involved in volleyball, basketball, track and cheerleading.

Her whole world was her son Ryker, who she loved with all her heart. She cherished spending time with her brothers, nieces and nephews, but mostly with her best friend of the heart Kandi Stearns who she loved like the sister she never had. She also enjoyed her visits with her Aunt Bobbi and Uncle Billy and long phone calls with her mom Sharon.

Jess was known for her smile that would light up a room. Her laugh was contagious and she loved to give hugs. Jessica was loved by all that knew her and she will be deeply missed by all her family and friends. Jess was lucky she had two dads' that loved her.

She is survived by her son, Ryker Heller of Williston, ND; her dad, Eugene Larocque of Canada; her parents, Sharon and Layne Westphal of Epping, ND; her brother, Joshua (Kym) Larocque and their children Caitlyn, Destany, Tyler and Rosie of Amherst, NH; her brother, Travis (Amanda) Walsh and their son Xander of Cheyenne, WY; her brother, Matthew Westphal of Epping, ND; her aunt and uncle Billy and Bobbi Davidson of Williston, ND; her grandpa, Lee Kinsman of Amherst, NH; her grandmother, Dorothy Westphal of Williston, ND; her best friend, Kandi Stearns of Williston, ND; numerous aunts, uncles and cousins that truly loved her.

